Capstone Readiness Self-Assessment - Internship Option

Please complete this form and return it via email to the NRES department at nres-ssc@illinois.edu by the time you have completed 16 hours in the program.

NAME: ________________________________  EMAIL ADDRESS: ________________________________

- Which capstone option do you prefer? _____ Independent Research    _____ Internship
- How much time do you expect to spend on the capstone per week? _____ hours
- What are your areas of interest? (Name three)
- What are some specific topics of interest within those areas?
- What skills do you possess (technical, writing, field training, laboratory techniques, use of equipment, certifications)?
- Do you have a particular type of organization where you would like to work?
  _____ Government    _____ Non-Government/Not-For-Profit _____ Corporate _____ Other
- Do you have any connections to an organization that is likely to support your internship?
  _____ Yes    _____ No. If yes, please indicate which organization will likely support your internship.
- How skillful are you with reading scientific literature? ___ Expert   ___ Competent   ___ Novice
- How skillful are you with technical writing?  ___ Expert   ___ Competent   ___ Novice
- How skillful are you with statistical analysis?  ___ Expert   ___ Competent   ___ Novice
- How skillful are you with oral presentations?  ___ Expert   ___ Competent   ___ Novice
- How good are you at managing time/meeting deadlines?
  _____ Exceptional   _____ Good   _____ Fair   _____ Poor
- What role do you envision for your Research Director (choose one)
  _____ Leader   _____ Mentor   _____ Senior Research Colleague   _____ Other (please explain)
- How accessible are you by phone?  _____ Very   _____ Usually   _____ Infrequently   _____ Never
- How accessible are you by email?  _____ Very   _____ Usually   _____ Infrequently   _____ Never
- How well do you receive constructive feedback?  _____ Well   _____ Average   _____ Not well
- What will be your most difficult issue while doing the capstone? Explain.
- What support (type and level) do you anticipate needing? Explain.